

## **Dementia Care Solutions**

## More Than Advice

Support. Education. Empowerment.

## **Compassionate Care Services**

Our mission is simple: to empower caregivers with knowledge, reduce the sense of isolation, and provide hope and confidence in caring for someone living with dementia.



# From Overwhelmed to Empowered

people who are the sole caregiver for those living with demential are 40% more likely to pass away before those they're caring for

# Did You Know?

over 11 million U.S. adults provide unpaid care for someone living with dementia or Alzheimer's

ongoing education and professional development have been proven to increase job satisfaction and reduce staff turnover



### **DEMENTIA IS NOT JUST ABOUT MEMORY LOSS**

Dementia touches every corner of our communities. Let us equip you with the tools, training, and support caregivers and organizations need to confidently recognize, respond to, and care for those living with dementia..

As a dementia consultant and educator with more than 25 years of experience in senior communities, I created Dementia Care Solutions in order to support both family and professional caregivers by helping them better understand the unique needs of people living with dementia. Through education, guidance, and practical tools, I work to ease the stress of caregiving and improve the quality of life for everyonei nvolved.

# OUR Services

#### **PRIVATE CONSULTING**

Caring for someone living with dementia can be overwhelming. Our private consultations help families better understand the disease and learn practical strategies for caregiving.

#### SENIOR COMMUNITIES & ORGANIZATIONS

Are caregivers in your community struggling with burnout? Does your community have high turnover? We offer customized workshops geared toward developing skills and approaches to reduce stress and energize your team.

## PRESENTATIONS & WORKSHOPS

With over 7 million seniors in the U.S. living with dementia, awareness is more crucial than ever. Our presentations provide education to your team to help recognize signs and symptoms as well as best approaches for positive interaction.

#### SUPPORT GROUPS

Caregivers need care as well. Host a support group at your community, organization, or online, led by an experienced facilitator who understands the emotional and physical toll of caring for someone living with dementia.

T. 724.747.5006

